



# **THE BEST START**

## **IN SOCCER**

for kids ages 5 - 7

### **Coerver® First Skills Winter Academy - Ages 5-7**

First Skills is Coerver® Coaching's market-leading proposition to parents of beginner players, boys & girls ages 5-7. First Skills is more EDUCATIONAL, more EFFECTIVE, and more FUN! Than any other introductory soccer skills program. FIRST SKILLS builds the essential foundations young players need before they step into organized, competitive team play.

### **Coerver® First Skills Instructional League Mission:**

To help children develop self-confidence and a love of soccer

- To develop important foundation skills with a focus on ball mastery, striking/shooting, and how to play in small-sided games
- To develop listening skills, extended concentration, speedy reactions, as well as core social skills of communication and cooperation
- TO HAVE FUN!

### **Coerver® First Skills Moves that will be Taught:**

Attacking Moves - [Lean & Push](#) - [Scissors](#) - [Puskas](#)

Change of Direction Moves - [Inside Chop](#) - [Outside Chop](#) - [Zico](#) - [Stop-Hop-Go](#)

**Click the Move to Watch the Video!**

## **Coerver® First Skills Instructional League**

- **(8) 60 Minute Sessions with Coerver Professional Coaches**
- 40 Minutes of Instruction & 20 Minutes of Games (3v3) / (5v5)
- 1:10 Coach:Player Ratio
- Saturdays between 9am-11am (60 Minutes Sessions)
- 8 Total Coerver Training Days
- Dates January 6,13,20,27, February 3,10,17,24 (No Makeups)
- **Coerver® United First Skills Shirt**
- Training Location: API - Gambrills, MD (Futsal Court 2)

*Cost: \$160.00 (Only 20 spots Available, this will SELL OUT)*

**EARLY REGISTRATION SPECIAL - \$150.00** (Expires 11.20.17)

*Register Under First Skills Academy*

